

April

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Chicken piccata Spaghetti Wilted spinach	2 Pizza night	3
4 Ham Deviled eggs Green beans Mashed potatoes <small>Easter Sunday</small>	5 Cream cheese chicken Rice & veggies	6 Turkey or beef tacos	7 Soup and sandwich	8 Salmon Rice pilaf Mixed veggies	9 Grilled chicken Roast potatoes Green salad	10
11 Pork chops Mac and cheese Broccoli	12 Tuna patties Sweet potatoes Green beans	13 Chicken quesadillas Side salad	14 Slow cooker Italian chicken	15 Sheet pan chicken dinner	16 Pork tenderloin Oven fries Veggie medley	17
18 Roast chicken Farro & veggie salad	19 Veggie burgers Pasta salad	20 Southwest chicken skillet	21 Chicken, broccoli & rice casserole	22 Stuffed chicken Steamed rice Kale salad <small>Earth Day</small>	23 Spaghetti Salad	24
25 Slow cooker pork roast Potatoes Asparagus	26 Honey garlic chicken Rice & veggies	27 Steak or chicken fajitas	28 Turkey sausage & gnocchi skillet	29 Baked chicken Roasted potatoes Broccoli	30 Grilled fish Quinoa & veggie salad	