

March

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Pizza night	2
3 Pork tenderloin Mashed potatoes Green peas	4 Chicken and black bean soup	5 Beef or turkey tacos	6 Baked salmon Baked potatoes Veggie medley	7 Paprika chicken Pasta salad	8 Pork chops Roast potatoes & veggies	9
10 Slow cooker chicken stew	11 Tofu or tempeh Steamed rice Mixed veggies	12 Steak or chicken fajitas	13 Roasted chicken Mac & cheese Broccoli	14 Tuna noodle casserole	15 Chicken or beef stir fry	16
17 Irish stew Irish soda bread <small>St. Patrick's Day</small>	18 Veggie burgers Oven fries Caesar salad	19 Stuffed peppers	20 Roasted salmon Quinoa salad	21 Orange chicken Rice Steamed veggie	22 Spaghetti Salad Bread	23
24 Shrimp & veggie pasta <hr/> 31 Deviled eggs <small>Easter</small>	25 Lemon chicken Rice pilaf Asparagus	26 Burritos or burrito bowls	27 White chicken chili	28 Italian chicken casserole	29 Grilled chicken Potato wedges Green salad	30