

# April

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> Chicken piccata Spaghetti Wilted spinach	<b>2</b> Turkey or beef tacos	<b>3</b> Cream cheese chicken Rice & veggies	<b>4</b> Soup and sandwich	<b>5</b> Pizza night	<b>6</b>
<b>7</b> Pork chops Mac and cheese Broccoli	<b>8</b> Tuna patties Sweet potatoes Green beans	<b>9</b> Chicken quesadillas Side salad	<b>10</b> Salmon Rice pilaf Bok choy	<b>11</b> Slow cooker Greek chicken	<b>12</b> Grilled chicken Roast potatoes Salad	<b>13</b>
<b>14</b> Spaghetti Salad	<b>15</b> Roast chicken Farro & veggie salad	<b>16</b> Southwest chicken skillet	<b>17</b> Pork tenderloin Oven fries Veggie medley	<b>18</b> Chicken, broccoli & rice casserole	<b>19</b> Grilled fish Quinoa & veggie salad	<b>20</b>
<b>21</b> Slow cooker pork roast Potatoes Asparagus	<b>22</b> Veggie burgers Pasta salad	<b>23</b> Steak or chicken fajitas	<b>24</b> Baked fish Tater tots Green beans	<b>25</b> Stuffed chicken Steamed rice Kale salad	<b>26</b> Turkey sausage & gnocchi skillet	<b>27</b>
<b>28</b> Baked chicken Roast potatoes Broccoli	<b>29</b> Honey garlic chicken Rice & veggies	<b>30</b> Sheet pan chicken dinner				