

# August

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<p>1</p> <p>Pork chops Baked potatoes Broccoli</p>	<p>2</p> <p>Pizza night</p>	<p>3</p>
<p>4</p> <p>Spaghetti Salad Bread</p>	<p>5</p> <p>Grilled shrimp Pasta salad</p>	<p>6</p> <p>Taco night</p>	<p>7</p> <p>Chicken casserole</p>	<p>8</p> <p>Teriyaki chicken Rice Peas</p>	<p>9</p> <p>Kabobs Roasted veggies</p>	<p>10</p>
<p>11</p> <p>BBQ chicken legs Potato wedges Big green salad</p>	<p>12</p> <p>Veggie burrito bowls</p>	<p>13</p> <p>Fish tacos</p>	<p>14</p> <p>Sheet pan chicken &amp; veggies</p>	<p>15</p> <p>Chicken thighs Quinoa salad</p>	<p>16</p> <p>Beef or chicken nachos</p>	<p>17</p>
<p>18</p> <p>Slow cooker pulled pork Oven fries Coleslaw</p>	<p>19</p> <p>Salmon Steamed rice Veggie medley</p>	<p>20</p> <p>Ground turkey or beef skillet</p>	<p>21</p> <p>One pot pasta</p>	<p>22</p> <p>Steaks Baked potato Caesar salad</p>	<p>23</p> <p>Grilled chicken Tomato pie</p>	<p>24</p>
<p>25</p> <p>Roast chicken Rice pilaf Green beans</p>	<p>26</p> <p>Veggie pasta</p>	<p>27</p> <p>Enchiladas Salad</p>	<p>28</p> <p>Chicken tenders Potato wedges Fruit salad</p>	<p>29</p> <p>Loaded mac and cheese</p>	<p>30</p> <p>Burgers Grilled veggies Corn on the cob</p>	<p>31</p>