

September

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>Chicken Parm Spaghetti Salad</p>	<p>2</p> <p>Burgers Coleslaw Potato salad</p> <p>Labor Day</p>	<p>3</p> <p>Taco night</p>	<p>4</p> <p>Sloppy Joe's Potatoes Broccoli</p>	<p>5</p> <p>Grilled fish Rice salad</p>	<p>6</p> <p>Pizza night</p>	<p>7</p>
<p>8</p> <p>Grilled chicken Pasta salad</p>	<p>9</p> <p>Shrimp and veggie skillet</p>	<p>10</p> <p>Baked chicken Mashed potatoes Green beans</p>	<p>11</p> <p>Pork chops Mac and cheese Broccoli</p>	<p>12</p> <p>Soup and sandwich</p>	<p>13</p> <p>Sausage sheet pan meal</p>	<p>14</p>
<p>15</p> <p>Roast chicken Potatoes Green beans</p>	<p>16</p> <p>Baked pasta casserole</p>	<p>17</p> <p>Fajitas</p>	<p>18</p> <p>Salmon Rice Mixed veggies</p>	<p>19</p> <p>Beef, chicken or veggie fried rice</p>	<p>20</p> <p>Breakfast for dinner</p>	<p>21</p>
<p>22</p> <p>White turkey or chicken chili</p>	<p>23</p> <p>Make your own chef's salad</p>	<p>24</p> <p>Quesadillas</p>	<p>25</p> <p>Ground beef or turkey skillet</p>	<p>26</p> <p>Slow cooker chicken</p>	<p>27</p> <p>Grilled chicken Chopped salad</p>	<p>28</p>
<p>29</p> <p>Lasagna Salad Bread</p>	<p>30</p> <p>Sausage stuffed squash</p>					