

November

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Pizza night	2
3 Chicken & gravy Mashed potatoes Green peas	4 Fried rice	5 Taco night	6 Chicken pasta	7 Chili Cornbread	8 Beef and broccoli stir fry	9
10 Pork tenderloin Mac & cheese Broccoli	11 Salmon Rice Broccolini	12 Fajitas	13 Spaghetti Salad Bread	14 BBQ chicken Roast potatoes and veggies	15 Sweet and sour chicken Rice, snow peas	16
17 Slow cooker stuffed peppers	18 Veggie chili	19 Pesto chicken Roast potatoes Salad	20 Meatloaf Mashed potatoes Green beans	21 Shrimp and rice bowls	22 Chicken baked ziti	23
24 Burgers Oven fries Caesar salad	25 Burrito bowls	26 Sheet pan chicken dinner	27 Lasagna Green salad	28 Thanksgiving dinner Thanksgiving	29 Thanksgiving leftovers	30