

August

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Pizza night	2
3 Pork tenderloin Roast potatoes & veggies	4 Vegetarian spaghetti	5 Taco night	6 Loaded baked potatoes	7 Salmon Rice pilaf Green beans	8 Grilled chicken Spaghetti salad	9
10 Baked chicken Mac & cheese Zucchini	11 Stuffed chicken Rice Broccoli	12 Sheet pan fajitas	13 Chicken chow mein	14 Slow cooker chicken	15 Chicken tenders Potato wedges Green salad	16
17 Pork chops with gravy Mashed potatoes Green peas	18 Skillet chicken Farro salad	19 Enchiladas Salad	20 Turkey sausage skillet	21 Breakfast for dinner	22 Burgers Tater tots Caesar salad	23
24 Meatloaf Mashed potatoes Veggie medley	25 Snack board dinner	26 Chicken taco casserole	27 Pork chops Baked potatoes Broccoli	28 Tilapia Quinoa salad Green beans	29 Kabobs Rice salad	30
Spaghetti Salad 31						