

FAMILY FOOD
ON THE TABLE
Vacation Meal Plan



Sheet Pan Sausages and Veggies



Baked Shredded Chicken Tacos



Mom's Chicken Divan



Ground Turkey, Rice and Veggie Skillet



Fajita Chicken Pasta



FAMILY FOOD

ON THE TABLE

Grocery List

Produce

- Baby Creamer Potatoes 1 lbs
- Bell Peppers 4 each
- Broccoli 2 head
- Cherry Tomatoes 1 pint
- Onion 1.5 cups
- Shredded Lettuce 1 count
- Chopped Cilantro 1 bunch
- Sliced Avocado 1 count
- Garlic 2 cloves
- Zucchini 1 medium
- Green Bell Pepper 1 small
- Corn 1 cup
- Lime Juice 1 each
- Avocado 1 count
- Fresh Chopped Cilantro 1 cups
- Lime Wedges 1 count

Spices & Seasonings

- Italian Seasoning 2 tsp
- Garlic Powder 1 tsp
- Black Pepper 0.75 tsp
- Taco Seasoning 2 tbsp
- Ground Cumin 1 tbsp
- Chili Powder 1 tbsp
- Dried Oregano 1 tbsp

Pantry

- Extra Virgin Olive Oil 7 tbsp
- Kosher Salt 1.75 tsp
- Green Chilies 1 count
- Refried Beans 1 cups
- Cream of mushroom soup 10.5 ounces
- Mayonnaise 0.5 cups
- Brown or white rice 1 serving
- Rice 0.75 cups
- Chicken Bouillon Cube 1 count
- Black Beans 15 oz
- Diced Tomatoes 15 oz
- Diced Green Chilies 4 oz
- Penne Pasta 8 ounces

Other

- Crispy Taco Shells 10 each
- Steamed Brown or White Rice 1 cups
- Salsa or Pico de Gallo 1 cup
- Hot Sauce 2 tbsp
- Pickled Red Onions 1 cup
- Fresh Lime Juice 1 tbsp
- Pickled Jalapeños 1 cups

Dairy & Eggs

- Shredded Cheddar Cheese 4 cups
- Greek Yogurt or Sour Cream 1 cup
- Sour Cream 1 cups
- Greek Yogurt 1 cups

Meat & Seafood

- Smoked Sausage 1 lbs
- Boneless, skinless chicken breasts 1.5 pounds
- Lean Ground Turkey 1 pounds

Shop ingredients on 

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